

**TWEED HEADS & COOLANGATTA
SURF LIFE SAVING CLUB INC.**

Affiliated with Surf Life Saving Queensland

ABN 59 962 048 592

UNDER 14'S

2018-19

Hi Under 14's for 2018/19

It's a big year important year for you and us in the Nippers this coming season. We are excited about welcoming you to the entry year into the senior ranks of our club. To allow you to plan your season we thought we should write to let you know what is happened for you age.

SURF RESCUE CERTIFICATE

This season from September 29 2018 we will be running an SRC camp for the 14's. You will do your SRC each morning and in the afternoon there will be special events of a more social nature for plenty of fun. After you have completed your SRC you will receive a patrol uniform and will be able to start patrolling with your friends.

LONG BOARD TRAINING

One of the difficult parts of transitioning into the senior club is starting to use the long boards. Training is starting now, early on Saturday morning, before your winter sports, for you to use our great long foam boards and start to develop the base for some great skills which will have you slaying the competition. We have a fleet of foam boards and lots of fiberglass long boards freed up for your age group to move into. Just rejoin the club as soon as you can so you are insured.

YIP's

You now qualify for the Youth program at the club. We have been building our YIP's program furiously for the last couple of season and now have a really good group of like minded kids that want to have some fun out and around the club. They are often getting together to have BBQ's movie nights, theme parks, bowling, they go to a YIP's Ball with all the clubs at our end of the club and this season they are going on a trip to Sydney. Once you rejoin you can join in those activities.

COACHING THIS SEASON

Jason and Callum are both excited to be involved again with us this season and they are expanding their training sessions to suit more Nippers. You as 14's are also invited to the senior board and fitness sessions. If you are thinking of not competing there is no problem with coming and using the foam boards for general fitness. This season we are also working on subsidised pool squad sessions. Our beach teams are as strong as ever and will be targeting as many state gold as we can in all relays especially the all age

We are really looking forward to making your last as a nipper great so if there is any issues please call me.

Kind regards

Vaughn Thomas
TH&C Nipper President 2011-
TH&C Club Board Member 2011-
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